

9:00: Welcome
9:10: Warm Up / Life Skill
9:30: Sport Session #1
10:00: Game #1
10:20: Sport Session #2
10:50: Game #2
11:10: Nutrition Education
11:20: Snack Break
11:35: Sport Session #3

12:05: Game #3
12:25: Scrimmage
12:50: Raffle #1
1:00: Lunch / Check Out
1:35: Agility Stations
2:15: Group Game
2:45: Raffle
2:55: Check Out Prep
3:00: Close